

----- How to Put on a Sepasuto Yukata -----



1. First, wrap the **uwamae** (the left side, which will end up on top) of the yukata bottom around your front and adjust the width. Open up the uwamae again and bring the **shitamae** (the right side, which will end up underneath) over your front by holding the top corner with your right hand and bringing it to your left hipbone. The hem should rest around your ankles.
2. Wrap the **uwamae** over the shitamae, and pull out the shitamae's string. Wrap both strings around your waist so that they cross behind your back, and give them a tight pull.
3. Keeping the strings tight against your waist, wrap them back around to the front and tie them together. Tuck in the excess string.
4. Put on the yukata top so that the center seam on its back lines up with your spine. (At this point, you will see that the collar is different lengths on the left and right side.)



5. Pull the string of the **shitamae** (the right side, which will end up underneath) through the **uwamae-no-miyatsukuchi** (the opening under the left sleeve), then place the uwamae (the left side) over the shitamae so that the ends of the collar are level. The left and right sides of the collar should meet at the notch at the center of your collarbone.
6. Hold both strings behind your back. Push them through the loop at the center of the back of the yukata top, and give them a tight pull.
7. Being careful not to let the collar slip out of place, wrap the strings back around to the front of your body and tie them together. Tuck in the excess string.
8. Tug on the back hem of the yukata top to make an **emon** (a gap between the collar and the back of your neck) big enough to fit your fist. Smooth out the **ohashori** (the double-layered fabric from your waist down) on the front and back.
9. Fix the collar and pull any wrinkled fabric on the back toward your sides to smooth it out. Tie the **datejime** (a wide, flat belt worn under the obi belt) around your waist. Insert the obi-ita (a rectangular board used to keep the obi smooth and flat) into the obi (a wide, decorative belt), and hold the obi behind your back.



10. Wrap the obi neatly around your waist, so that the edges of the layers underneath don't show. Fasten the Velcro fastener to fix it in place.
11. Next to the bow, there is a flap with a strip of Velcro on it. Tuck the flap into the obi so that the inner layer of the obi is held firmly in place between the outer layer and the flap.
12. An obi-jime (a cord tied over the obi) is included in your Sepasuto Yukata set. Pull it through the loop hanging in front of the bow. Holding the bow with your right hand and the bottom of the back of the obi with your left, turn the obi clockwise until the bow is at the center of your back.
13. Tie the obi-jime and slide the knot around to the back, hiding it inside the bow.

Done!

How to Wash a Sepasuto Yukata
 You can wash your Sepasuto Yukata easily using a washing machine at home. It's wrinkle-resistant, and usually doesn't need ironing after it's washed. For more information, please read the care label, which can be found on the yukata top. Washing instructions: Put the Sepasuto Yukata into a laundry net. Wash it on the normal cycle. Hang in the shade to dry.

Watch a Sepasuto Yukata tutorial!



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